

1

April 30-May 6

Self Control

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." (2 Timothy 1:7, NIV)

As we work through the Fruit of the Spirit, Self-Control (or self-discipline) is one that doesn't receive as much focus. Yet it is a character trait that helps each of us remain steadfast and committed to God's path and direction for our lives.

Prayer Points

- Please pray for rain and relief from those experiencing drought conditions! Ethiopia is enduring the Horn of Africa's worst drought in decades. Five consecutive rainy seasons have failed, as is the one they're experiencing now.
- Pray for families, friends, direct support professionals, and those who are processing grief.
- Pray for relief from staffing pressures for the teams that are experiencing this.

2

May 7-13

"Better a patient person than a warrior, one with self-control than one who takes a city."

(Proverbs 16:32 NIV)

It is difficult to trust those who lack self-control because even they don't know what they will do next! Those who are self-controlled and patient are also trustworthy; reliable for themselves, others, and God.

Prayer Points

- Please pray for international aid to help head off a humanitarian crisis in drought affected areas. Close to 23 million people in these areas are thought to be highly food insecure.
- Pray for new housing initiatives across the South District; that they would meet the needs of many people and help them achieve their goals.
- Praise for our monthly tropical BBQ party with all Chatham homes starting up for the season! We are grateful for opportunities to celebrate together.



3

May 14-20

"Everyone should be quick to listen, slow to speak and slow to become angry."

(James 1:19, NIV)

Those who are self-controlled have an easier time paying attention and listening closely to the needs of others. It is a fruit of the Spirit that goes hand-in-hand with valuing people and showing them compassion and respect.

Prayer Points

- Give thanks for the work that has begun on the Bekoji Community Centre for children with developmental disabilities. Pray that funds will be raised to complete this work.
- Pray that the Belongathon on June 10th (belongathon.ca) will make a real difference in their communities. Teams will challenge each other to raise awareness and support people with developmental disabilities in Canada.



May 21-27

"Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize."

(1 Corinthians 9:24 NIV)

The Apostle Paul enjoyed race metaphors! While not all of us are runners, Christians press on toward the goal to win the prize for which God has called us heavenward in Christ Jesus (Philippians 3:14).

Prayer Points

- Give thanks for local volunteers who help work alongside Christian Horizons Global both locally and with our international partners.
- Give thanks that several people in the London Community are able to move into new affordable housing! We pray for their transitions to the new space and that it will quickly become home for them.
- COVID-19 continues to impact locations, along with other illnesses. Pray for the health and wellbeing of teams and people who use our services.

5

May 28-June 3

"For the grace of God has appeared that offers salvation to all people. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age."

(Titus 2:11-12, NIV)

Integrity is not something to take lightly, and self-control as a Fruit of the Spirit helps us to stay upright and committed to God and to those around us even through troubled times.



Prayer Points

- Give thanks for the support received to provide nutrition programs to help those who are food insecure. We pray that these programs would continue to bless many families around the world.
- We are praising God for the efforts of many involved in the new smart home project that is in the final stages. We pray over continued opportunities to innovate and to expand services in new and exciting ways!