

*week one:*

## Jan 31-Feb 6

### FINDING OUR COURAGE

Through the ups and downs of life, we each find ways to cope and the courage to move on. In the book of Joshua we learn that true courage is not in ourselves or our own strength, but God's presence on the journey. We pray this resilient trust for you in the days ahead.

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

*~ Joshua 1:9, NIV*

#### PRAYER POINTS

- Pray for the COVID-19 vaccine rollout across Ontario and Saskatchewan. We give thanks for opportunities to advocate for the prioritization of people who use Christian Horizons services, many of whom may be at increased risk of coronavirus. May these advocacy efforts be fruitful for people with disabilities and support staff.
- Pray for people who use Christian Horizons Global services, employees and volunteers as so many have been impacted by the COVID-19 pandemic both through sickness and economic hardship.

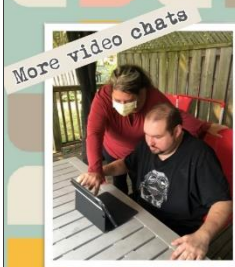
*Feedback or requests?*

### ORGANIZATIONAL & SPIRITUAL LIFE

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Things we are thankful for:



Above: "Things we are thankful for" from the Central East District.

*This month's prayer guide highlights the work of Christian Horizons in the Central East District of Ontario and Christian Horizons' work internationally.*

2021  
PRAYER GUIDE

February

"I know the plans I have for you," announces the LORD. "I want you to enjoy success. I do not plan to harm you. I will give you hope for the years to come."

*~ Jeremiah 29:11, NIV*

*week two:*

## February 7-13

"As servants of God we commend ourselves in every way: in great endurance; in troubles, hardships and distresses; ... in hard work, sleepless nights and hunger."

~ 2 Cor. 5:4-5, NIV

**THOUGHT:** If you find the health risks and restrictions related to the pandemic distressing; if your endurance is tested, you experience sleeplessness or work very hard, you are not alone. The apostle Paul identifies with you: remember that such sacrifices, for the good of others, bring glory to God.

### PRAYER POINTS

- We give thanks with Central East District, for the resilience of teams who are working in very difficult situations.
- Pray for the people who use Christian Horizons services in Central East District who are in hospital. May they be comforted and restored to good health.
- Pray that appropriate safeguards to protect Canadians with disabilities would be maintained through the revisions to Canada's Medical Assistance in Dying legislation if Bill C7 is passed into law.
- Pray for the families of people who use Christian Horizons services in Central East District, that are struggling with minimal physical contact.

*week three:*

## February 14-20

"...finish [your] work [...] according to your means. For if the willingness is there, the gift is acceptable according to what one has, not according to what one does not have."

~ 2 Cor 8:11-12, NIV

**THOUGHT:** Jesus understood that we would need words of encouragement to persevere from time to time: He inspired the apostle Paul to write the pep talk above. If you are feeling tired, frustrated, discouraged or afraid, take his words to heart and remember that you are enough.

### PRAYER POINTS

- Pray for teachers around the world. Most are working extra hard.
  - In Guatemala, teachers have children attending half time and doing home learning on the other days.
  - Schools in Ethiopia have now reopened with morning and afternoon classes.
- Pray the winter weather is conducive to caring for our minds, bodies and spirits. May it allow for socially distant, outdoor visits and physical exercise.
- Pray for people who use Christian Horizons services struggling to understand the reason for suspension of employment, volunteer work or activities they love. God give them peace and assurance.

*week four:*

## February 21-27

"[Jesus' disciples] called to the blind man, "Cheer up! On your feet! He's calling you." Throwing his cloak a side, he jumped to his feet and came to Jesus."

~ Mark 10:50, NIV

**THOUGHT:** This man begged Jesus for mercy. His limitations contributed to feelings of unworthiness and disorientation. This is when Jesus calls him. If you experience a lack of worthiness, disorientation, or a need for mercy, take heart because this could be the moment that God calls on you.

### PRAYER POINTS

- Thank God for Christian Horizons employees and medical specialists who have contributed to excellent COVID-19 webinars. Pray that the people who use Christian Horizons services, family members, substitute decision makers and employees have all the information they need to make informed decisions about vaccination or any other pandemic related concerns.
- Pray with the Central East District, that God's grace and peace would continue to flow to and from the people who we connect with each day.
- On behalf of Christian Horizons Global, pray for peace in Haiti as many are calling for an election.